



Job title	Peer Mentor
Sector/Function	METRO SASH
Department	Wellbeing & Sexual Health
Reports to	Men's Wellbeing Peer Mentor Coordinator

Role purpose	To be a positive role model, using your own experience to inspire and motivate individuals to maintain good health and wellbeing, with a particular focus on sexual health. To provide information and encourage service users to access appropriate support and facilities that will support sexual health including access to treatment services, mutual aid groups and wider community resources. Support service users in accessing sexual health provision and advocate on their behalf to relevant services and organisations.
Specific Qualities	<ul style="list-style-type: none"> • Awareness and understanding of barriers that men can face, especially from LGBTQ+ community or those living with HIV • An ability to listen to others in a non-judgmental way • Have a general interest in the area of sexual health and sexual wellbeing • An ability to communicate clearly to others • An ability to work on your own as well as part of a team • An ability to support people in the process of change and growth • Organisational skills and an ability to manage your work • To enjoy working with people from different backgrounds and cultures • Able to use own initiative to research new trends. • Be punctual and reliable • Time for on- going support and supervision • Have a friendly and helpful approach • The ability to establish and keep clear boundaries and keep confidentiality • It would be great if you can speak and /or understand an additional language to English, but it is not essential

Key Tasks	<p>Men’s Wellbeing Peer Mentors will undertake a variety of training, tasks and activities – some suggestions include:</p> <ul style="list-style-type: none"> • Supporting service users to access online resources • Provide support to service users to overcome barriers to access services • Supporting the delivery of sexual health and wellbeing sessions aimed at providing additional advice and information to service users • Offering one to one practical support to service users to enable them to get the most from the service • Supporting people to know about and access community resources • Work with staff across our services to ensure a shared and up to date knowledge of community resources that offer support around sexual health and wellbeing • To adhere to the METRO procedures/code of conduct
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	Commitments	<ul style="list-style-type: none"> • To take part in our peer mentor training (1 full day per week for 6 weeks) • Be available for a minimum of 2 hours per week, for a minimum of six months after successful completion of the Accredited training program.
	Requirements	<ul style="list-style-type: none"> • Successful completion of the Peer Mentor Training Program • Clearance from the Disclosure & Barring Service
	Benefits	<ul style="list-style-type: none"> • Level 2 Accreditation • Additional training opportunities • Travel expenses • Regular Supervision