

# Living with HIV in Lambeth, Southwark or Lewisham?



Come along to our Family Support Service...

- Group support for parents
- Group support for young people
- 1-2-1 support for families
- Activities for children
- Counselling
- Home assessments & advocacy support
- Health and wellbeing support and information



## GET IN TOUCH

HIV Support Team

020 8305 5006 | [hiv@metrocharity.org.uk](mailto:hiv@metrocharity.org.uk)

@METROCharity METRO Charity | [metrocharity.org.uk](http://metrocharity.org.uk)



Charity Number 1070582



At METRO we understand how being diagnosed with HIV can turn your life upside down. We know that sharing your experience and meeting other people that have recently been diagnosed or are living with HIV can really help. Also that those close to you might also need support and information.

Our Family Support Service is there to support you wherever you are in your journey. METRO aims to:

- Build positive relationships with children and young people living with or affected by HIV
- Work closely with parents and carers to meet the children's/young people's needs
- Offer advice and support to parents/ carers in a way that encourages independence and confidence.

### **Who are METRO?**

METRO is a leading equality and diversity charity, providing health, community and youth services across London and the South East, with national and international projects. METRO works with anyone experiencing issues around sexuality, gender, equality, diversity and identity across our five domains: Sexual & Reproductive Health, Community, Mental Health & Wellbeing, Youth and HIV.

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