



Social group for gay & bisexual men living with HIV in south-west London

- + Share your experience
- + Information sharing
- + Social activities
- + Counselling
- + Guest speakers



GET IN TOUCH

peersupport@metrocharity.org.uk

020 8305 5000 | metrocharity.org.uk

 METRO Charity  metrocharity  metrocharity  @metrocharity.bsky.social


Charity No. 1070582



If you're a gay or bisexual man living with HIV, our +Pals group is a free, confidential space to socialise, build supportive connections, and share your experiences of things like disclosure, stigma, relationships and treatments.

Our +Pals staff are also HIV positive, so they understand the challenges of living with HIV and are happy to help. We meet twice a month: on the third Saturday in Wandsworth; while our second meet-up might be a visit to a museum or enjoying London's outdoor spaces.



"I wanted to meet some other guys living with HIV that wasn't clinical, but in a social setting. +Pals has given me just that. I really enjoy attending their meet-ups."

+Pals Group Member

Other HIV services:

METRO Charity also provide other HIV services include counselling, testing, and advice and advocacy. Find out more: metrocharity.org.uk/hiv

About METRO

METRO is an equality, diversity, and inclusion charity that runs health, community, and youth services across London and the south-east. METRO works across five areas: Youth, Mental health & wellbeing, Sexual health, HIV, and Community.

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