

## Are you, or someone in your family, looking for support with living with HIV and managing your health and wellbeing?

If so, our friendly social workers are here to help you and your loved ones with a range of needs, including:

- **Advice & Advocacy:** Get help with welfare, benefits and housing issues.
- **Emotional Support:** Find someone to talk to and help manage your feelings.
- **Family relations:** Get help to improve family relationships/ parenting skills.
- Support with sharing diagnosis with loved ones.
- **Stigma Support:** Coping with stigma and discrimination.
- **Sharing Status:** Support with sharing diagnoses with loved ones and others.
- **Referral & Signposting:** Get connected to services like immigration, training, employment support and more.

If interested, ask your HIV specialist to refer you.  
Let us support and empower you to better manage your health and wellbeing!



Every  
1st and 3rd  
Wednesday of the  
month, from 4pm-6pm  
at the Caldecot Centre  
at King's College  
Hospital.