

SERVICES FOR YOUNG PEOPLE & FAMILIES IN GREENWICH

"These services have truly transformed my life. I've gained so much confidence and received incredible support from the entire team."



PARENTING SUPPORT

Workshops, coaching, counselling and support for parents and caregivers with children aged 10-19 years (up to 25 years with SEND).

parenting.support@metrocharity.org.uk



SEXUAL HEALTH WORKSHOPS

Free tailored workshops for young people about sexual and reproductive health. We work in schools, and one-to-one sessions on a referral basis.

young.greenwich@metrocharity.org.uk



RISK & RESILIENCE MENTORING

Mentoring for young people who are involved in, or at risk of, harmful sexual behaviours. The programme works on building skills, including emotional literacy, to support safety and wellbeing. We run up to 8 sessions for 13-19 year-olds (up to 25 years with SEND). riskandresilience@metrocharity.org.uk



LGBTQ+ INCLUSION & AWARENESS TRAINING

Our training programme is for educators working in the Royal Borough of Greenwich. It's available at all key stages and can be tailored to your needs.

youth@metrocharity.org.uk



GET IN TOUCH

young-greenwich.org.uk/services | 020 8305 5005

metrocharity.org.uk

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